

I. COURSE DESCRIPTION:

This course will provide the students with the opportunity to explore the concept of Spirituality, and to inspire them to develop one's own Spiritual Awareness. Becoming spiritually aware as a Health Care Professional, each student will have unlimited access to one's most valuable and unique resources of caring and valuing others with respect, and dignity.

Students will be encouraged and guided to develop the richness of their own talents and skills, and to use them effectively while engaged with other individuals or groups. The skill of positive, non-judgmental and encouraging dialogue with others will be demonstrated in a variety of readings, video materials, and it will be practiced in the classroom.

Each student will be challenged to find his or her own daily opportunities to grow, and to share life with others. In small groups, students will be able to examine their skill of connecting, and making constructive contributions to their families, co-workers, and clients.

The condition of Happiness in Life will be examined throughout the entire course.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

In general, this course addresses Learning Outcomes of the Program Standards in: communication skills (1, 2, 3, 6), safety (1, 2), professional competence (1, 2, 5, 6, 7), documentation skills (1, 5, 6) and application skills (1, 2, 6). It addresses all of the Generic Skills Learning Outcomes, with the exception of mathematical skills(4).

- 1. Demonstrate a level of Spiritual Awareness that will match the corporate culture and language at the contemporary health care institutions that focus on holistic care.**
- 2. Demonstrate a high level of self-awareness and self-confidence in interactions with other care givers and with clients.**
- 3. Demonstrate the ability to engage clients in healing dialogue that would result in "relaxation response" of the client.**
- 4. Develop the skill to help clients accept their situation and find meaning in the midst of suffering.**
- 5. Develop and impart a significantly reduced fear of suffering, death or other misfortune, and would be prepared to engage into a helping relationship with the client in a given situation.**

III. TOPICS:

1. Understanding “**Inclusive Spirituality**” and “**Religious Spirituality**” – healthcare setting application.
2. **Human Conversations** – reasons, motivations, goals, etc.
The healing power of questions vs. the confusing effect of answers.
Functional relationships within the specific “corporate culture” environment.
3. **Wisdom**: oral traditions, literature, messages & messengers, interpretations, translations. Social and Spiritual values.
4. **Spiritual Awareness** in professional relationships
5. **Silence** – the power of “Being Present”. The healing power of silence.
6. The silence of **death**.
7. The phenomenon of Religion as “Exclusive Spirituality”.
The **power of religious beliefs** at the end of life.
8. Reaching out for a deeper **understanding** of the mystery of life.
Coping with the **fear of suffering and death**.
9. The “**healing circles**” – restoring internal balance.
10. **Staying “connected”** – maintaining spiritual awareness daily.
Practicing “**relaxation respond**”.
11. **Oneness with Everything** – the new consciousness.
12. The experience of Being Alive and the “Pick Experience”.
Understanding the “**dance of life**”
13. **Journey toward Healing** – with, or without Curing.

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Fitzhenry, Robert. (1998) The Fitzhenry and Whiteside Book of Quotations.
(4th) ed. Fitzhenry and Whiteside.

V. EVALUATION PROCESS/GRADING SYSTEM:

Students in the OTA/PTA program must successfully complete this course with a minimum C grade (60%) as partial fulfillment of the OTA/PTA diploma.

1. Course Evaluation:

Reflection Paper (4% per class)	48%
Midterm	22%
Final	30%
<hr/> Total	100%
2. All tests/exams are the property of Sault College.
3. Students missing any of the tests or exams because of illness or other serious reason must notify the professor **BEFORE** the test or exam. The professor reserves the right to request documents to support the student’s request.

4. Those students who have notified the professor of their absence that day will be eligible to arrange an opportunity as soon as possible to write the test or exam at another time. Those students who **DO NOT NOTIFY** the professor will receive a zero for that test or exam.
5. For assignments to be handed in, the policies of the program will be followed. For assignments not handed in by the due date, the mark received will be zero. Extensions will be granted if requested in writing at least 24 hours before the due date. There will be a deduction of one percent per day for every school day late with the permission of an extension. This means that if you requested an extension for 5 school days (1 week), 5 percentage points will be deducted from the final grade.

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	
B	70 - 79%	3.00
C	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

Note: For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

Mid Term grades are provided in theory classes and clinical/field placement experiences. Students are notified that the midterm grade is an interim grade and is subject to change.

VI. SPECIAL NOTES:

Course Outline Amendments:

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

Prior Learning Assessment:

Students who wish to apply for advance credit transfer (advanced standing) should obtain an Application for Advance Credit from the program coordinator (or the course coordinator regarding a general education transfer request) or academic assistant. Students will be required to provide an unofficial transcript and course outline related to the course in question. Please refer to the Student Academic Calendar of Events for the deadline date by which application must be made for advance standing.

Credit for prior learning will also be given upon successful completion of a challenge exam or portfolio.

Substitute course information is available in the Registrar's office.

Disability Services:

If you are a student with a disability (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Disability Services office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

Communication:

The College considers **WebCT/LMS** as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the **Learning Management System** communication tool.

Plagiarism:

Students should refer to the definition of "academic dishonesty" in *Student Code of Conduct*. A professor/instructor may assign a sanction as defined below, or make recommendations to the Academic Chair for disposition of the matter. The professor/instructor may:

- (i) issue a verbal reprimand,
- (ii) make an assignment of a lower grade with explanation,
- (iii) require additional academic assignments and issue a lower grade upon completion to the maximum grade "C",
- (iv) make an automatic assignment of a failing grade,
- (v) recommend to the Chair dismissal from the course with the assignment of a failing grade.

In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Student Portal:

The Sault College portal allows you to view all your student information in one place. **mysaultcollege** gives you personalized access to online resources seven days a week from your home or school computer. Single log-in access allows you to see your personal and financial information, timetable, grades, records of achievement, unofficial transcript, and outstanding obligations. Announcements, news, the academic calendar of events, class cancellations, your learning management system (LMS), and much more are also accessible through the student portal. Go to <https://my.saultcollege.ca>.

Electronic Devices in the Classroom:

Students who wish to use electronic devices in the classroom will seek permission of the faculty member before proceeding to record instruction. With the exception of issues related to accommodations of disability, the decision to approve or refuse the request is the responsibility of the faculty member. Recorded classroom instruction will be used only for personal use and will not be used for any other purpose. Recorded classroom instruction will be destroyed at the end of the course. To ensure this, the student is required to return all copies of recorded material to the faculty member by the last day of class in the semester. Where the use of an electronic device has been approved, the student agrees that materials recorded are for his/her use only, are not for distribution, and are the sole property of the College.

Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.